IIIrd CENTRAL EUROPEAN CONGRESS
ON OSTEOPOROSIS AND OSTEOARTHRITIS

XV CONGRESS
OF THE POLISH OSTEOARTHROLOGY SOCIETY
AND POLISH FOUNDATION OF OSTEOPOROSIS

Krakow, 24 – 26 September 2009

IInd ANNOUNCEMENT
CONGRESS TOPICS

I. Osteoporosis
   1 - pathophysiology, regulation mechanism of bone remodeling
   2 - standards of diagnosis, fracture risk assessment, use in practice
   3 - standards of prevention and treatment, new therapeutic options
   4 - osteoporosis in men
   5 - secondary osteoporosis and fractures
   6 - osteoporosis in children and adolescents
   7 - osteoporotic fractures – causes and outcome
   8 - falls, prevention and clinical significance
   9 - free subjects

II. Osteoarthritis and other bone and joint diseases
   10- diagnosis
   11- treatment
   12- free subjects

TIMETABLE

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Total time</th>
<th>Sessions</th>
</tr>
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<tbody>
<tr>
<td>24.09.09 (Thu)</td>
<td>14.00-18.00</td>
<td>240</td>
<td>Afternoon sessions</td>
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<tr>
<td>18.30</td>
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<td>Opening Ceremony</td>
</tr>
<tr>
<td>25.09.09 (Fri)</td>
<td>08.30-13.00</td>
<td>270</td>
<td>Morning sessions</td>
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<td>13.00-14.30</td>
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<td>90</td>
<td>Poster session</td>
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<tr>
<td>14.30-18.00</td>
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<td>225</td>
<td>Afternoon sessions</td>
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<tr>
<td>19.30</td>
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<td>Banquet</td>
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<tr>
<td>26.09.09 (Sat)</td>
<td>08.30-13.00</td>
<td>270</td>
<td>Morning sessions</td>
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<td>13.00-14.00</td>
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<td>60</td>
<td>Poster session</td>
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<td>Afternoon sessions</td>
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<td>16.30</td>
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<td>Closing Ceremony</td>
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DEADLINES

Abstracts submission       15.03.09
Early registration         15.05.09
Primary list of participants 15.07.09
Standard registration      15.08.09
Hotels reservation         15.08.09
<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prof. dr hab. med. Janusz Badurski</td>
<td>Bialystok, Poland</td>
</tr>
<tr>
<td>Prof. Peter Burckhardt</td>
<td>Lausanne, Switzerland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Danuta Chlebna-Sokoł</td>
<td>Lodz, Poland</td>
</tr>
<tr>
<td>Dr hab. med. Edward Czerwinski</td>
<td>Krakow, Poland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Anna Filipowicz-Sosnowska</td>
<td>Warsaw, Poland</td>
</tr>
<tr>
<td>Dr hab. med. Edward Franek</td>
<td>Warsaw, Poland</td>
</tr>
<tr>
<td>Prof dr hab. med. Tadeusz Gazdzik</td>
<td>Sosnowiec, Poland</td>
</tr>
<tr>
<td>Dr hab. med. Piotr Gluszko</td>
<td>Krakow, Poland</td>
</tr>
<tr>
<td>Prof dr hab. med. Andrzej Görecki</td>
<td>Warsaw, Poland</td>
</tr>
<tr>
<td>Prof dr hab. med. Tomasz Grodzicki</td>
<td>Krakow, Poland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Wanda Horst-Sikorska</td>
<td>Poznan, Poland</td>
</tr>
<tr>
<td>Prof. John A. Kanis</td>
<td>Sheffield, United Kingdom</td>
</tr>
<tr>
<td>Dr hab. med. Miroslaw Jablonski</td>
<td>Lublin, Poland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Jacek Kruczyński</td>
<td>Bydgoszcz, Poland</td>
</tr>
<tr>
<td>Dr hab. med. Krystyna Ksiezopolska-Orłowska</td>
<td>Warsaw, Poland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Roman Lorenc</td>
<td>Warszawa, Poland</td>
</tr>
<tr>
<td>Prof. Ghassan Maalouf</td>
<td>Beirut, Lebanon</td>
</tr>
<tr>
<td>Prof. dr hab. med. Ewa Marcinowska-Suchowierska</td>
<td>Warszaw, Poland</td>
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<tr>
<td>Prof. dr hab. med. Wojciech Marczynski</td>
<td>Otwock, Poland</td>
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<tr>
<td>Prof. dr hab. med. Andrzej Milewicz</td>
<td>Wroclaw, Poland</td>
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<tr>
<td>Dr hab. med. Waldemar Misiorowski</td>
<td>Warszawa, Poland</td>
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<tr>
<td>Prof. dr hab. med. Janusz Nauman</td>
<td>Warszawa, Poland</td>
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<tr>
<td>Prof. Socrates E. Papapoulos</td>
<td>Leiden, The Netherlands</td>
</tr>
<tr>
<td>Prof. Karel Pavelka</td>
<td>Prague, Czech Republic</td>
</tr>
<tr>
<td>Prof. dr hab. med. Wojciech Pluskiewicz</td>
<td>Zabrze, Poland</td>
</tr>
<tr>
<td>Dr hab. med. Jerzy Przedlacki</td>
<td>Warszawa, Poland</td>
</tr>
<tr>
<td>Prof. Jonathan Reeve</td>
<td>Cambridge, United Kingdom</td>
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<tr>
<td>Prof. Jean-Yves Reginster</td>
<td>Nyon, Switzerland</td>
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<tr>
<td>Prof. Francis J. Ring</td>
<td>Pontypridd, United Kingdom</td>
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<tr>
<td>Prof. Christian Roux</td>
<td>Paris, France</td>
</tr>
<tr>
<td>Prof. dr hab. med. Ewa Sewerynek</td>
<td>Lodz, Poland</td>
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<tr>
<td>Prof. Jan Stepan</td>
<td>Prague, Czech Republic</td>
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<tr>
<td>Prof. dr hab. med. Alina Warenik-Szymankiewicz</td>
<td>Poznan, Poland</td>
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<tr>
<td>Prof. dr hab. med. Marek Talalaj</td>
<td>Warszawa, Poland</td>
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<tr>
<td>Prof. dr hab. med. Witold Tlustochowicz</td>
<td>Warszawa, Poland</td>
</tr>
<tr>
<td>Prof. dr hab. med. Andrzej Wiecek</td>
<td>Katowice, Poland</td>
</tr>
</tbody>
</table>
CONGRESS VENUE

Nowohuckie Centrum Kultury (NCK)
al. Jana Pawła II 232
31-9082 Kraków, Poland

ORGANIZING COMMITTEE

Chairman                Edward Czerwinski
Vice-Chairmen           Przemysław Borowy
                        Jolanta Osieleniec

Members                 Anna Grygiercz
                        Agata Jaskowiec
                        Agata Milert
                        Monika Omyla
                        Bartosz Trybulec

ADDRESS FOR CORRESPONDENCE

Organizing Committee
IIIrd Central European Congress on Osteoporosis and Osteoarthritis
ul. Kopernika 32
31-501 Krakow, Poland

ORGANIZER

Polish Osteoarthrology Society
ul. Kopernika 32
31-501 Krakow, Poland

tel. (+48)12 423 2080, fax (+48)12 430 3153
www.osteoporoza.org
e-mail: krakow@osteoporoza.org
REGISTRATION

Please use the enclosed Registration Form to register for the Congress. Send the completed Registration Form together with a proof of payment (or credit card order) to the Organizing Committee or e-mail the documents to: krakow@osteoporoza.org. The Registration Form is available on Polish Portal of Osteoporosis at: www.osteoporoza.org, where registrations can also be made online.

<table>
<thead>
<tr>
<th>PAYMENTS (GROSS)</th>
<th>Participant</th>
<th>Accompanying person</th>
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</thead>
<tbody>
<tr>
<td>EUROS</td>
<td>EURO</td>
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<tr>
<td>Congress fee:</td>
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<tr>
<td>- early (before 31.05.09)</td>
<td>120</td>
<td>20</td>
</tr>
<tr>
<td>- regular (31.05 – 31.08.09)</td>
<td>150</td>
<td>20</td>
</tr>
<tr>
<td>- late (after 31.08.09 and on-site)</td>
<td>180</td>
<td>20</td>
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<tr>
<td>Lunch 25.09.09 (Friday)</td>
<td>12</td>
<td></td>
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<tr>
<td>Lunch 26.09.09 (Saturday)</td>
<td>12</td>
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<tr>
<td>Banquet 25.09.09 (Friday)</td>
<td>80</td>
<td>80</td>
</tr>
</tbody>
</table>

Congress fee for each participant includes:
- congress materials (abstracts, programme and other),
- identity badge,
- invitation to the opening ceremony, welcome reception and transport to the congress hotel,
- admission to the lecture rooms and commercial exhibition,
- coffee during breaks,
- transport to the congress venue on 25.09.09 and 26.09.09.

Congress fee for accompanying person includes:
- invitation to the opening ceremony, welcome reception and transport to the congress hotel,
- identity badge,
- admission to the commercial exhibition.

METHODS OF PAYMENT

Payments can be made in Polish Zloty (PLN) or in EURO (foreign participants) in the form of:

1. Bank transfer
   Please, on the bank transfer form, place the purpose of payment (e.g. 1 congress fee, 2 lunches, 1 banquet). The cost of the transfer is to be covered by the Participant, otherwise the payment will be considered incomplete.

   Bank account details:
   - Bank name: Bank Pekao S.A. Oddzial w Krakowie
   - Address: ul. Kopernika 36, 31-501 Krakow
   - Account no: 42 1240 4689 1111 0000 5143 5606
   - SWIFT: PKOPPLPW
   - Account name: Polskie Towarzystwo Osteoartrologii

2. Credit cards: Visa, Mastercard, Eurocard
   Please fill-in the details necessary for credit card authorisation (including credit card holder’s signature) on the Registration Form. The amount of the payment will be calculated according to the date the Registration Form will be received.

3. On-site payments
   Cash or credit card (Visa, Mastercard, Eurocard) payments will be possible during the Congress.
WITHDRAWAL FROM PARTICIPATION AND REFUNDS

Withdrawal from participation should be submitted to the Organizing Committee in writing. If payment was made, 50% of the congress fee will be returned until 15.08.09. After this date no refund will be possible. Payments for the social events will not be refunded.

INSURANCE

The Organizing Committee does not take the responsibility for any unfortunate accidents and damages of the Participants during the Congress. It is recommended that all Participants carry their own insurance.

SCIENTIFIC PRESENTATIONS

Lectures
Invited speakers from Poland and abroad will deliver keynote lectures. Participants’ reports are welcome as oral or poster presentations. Scientific Committee will perform the classification of submitted papers on the basis of anonymous reviewer evaluation. English and Polish are the languages of the congress. Simultaneous translation will be provided.

Posters
There are 2 sessions planned in a form of discussions by the posters on 25.09.09 (Friday) and 26.09.09 (Saturday). Scientific Committee will select 10 best posters for four-minute oral presentations to be delivered in poster session summary. There are foreseen monetary awards for best 3 best reports.

Publications
Abstracts of all lectures and posters will be published in Polish and English version in the supplementary issue of the medical journal “Ortopedia Traumatologia Rehabilitacja” (Orthopaedic Traumatology Rehabilitation). All participants will receive the supplement with congress materials.

CERTIFICATE OF ATTENDANCE AND EDUCATIONAL (CME) POINTS

Participants will receive Certificate of Participation and educational points.
On the basis of Polish Minister of Health ordinance of 6.10.04 regarding means of fulfilling obligation of continuous medical education. Depending on the type of participation the following amount of points is to be accredited:
15 points – for participation in congress sessions,
25 points – for participation and poster presentation,
40 points – for participation and lecture delivery.
LECTURE/ POSTER SUBMISSION

The Participants are welcome to submit their presentations. Submission forms are available on Polish Portal of Osteoporosis at www.osteoporoza.org – “Lecture/poster submission”. Completed registration and submission forms should be sent as attachments to e-mail address: krakow@osteoporoza.org and printed versions to the postal address of Organizing Committee. The essential condition for abstract to be accepted for classification is paid congress fee by a presenting author. The deadline for abstract submission is 15.03.2009.

Before filling-in registration and submission forms please read the instructions below.

1. Details required for submission
   - surname and first name of the presenting author, who will receive the correspondence,
   - address for correspondence,
   - title of the paper in English,
   - choice of the congress topic,
   - preferred form of presentation (poster, lecture).

2. Format of abstracts
   A. Header:
      - Title of the abstract written using Times New Roman, 12 pts, capital letters, bold, and after the title skip one line.
      - Surnames and initials of the authors.
      - Institution. Please use reference numbers to differentiate various departments and outline the correspondence address of the first author. The reference numbers are not to be used if all the authors work in the same department or if there is only one author.
      - Keywords, chosen according to the MeSH system (Medical Subject Headings, Index Medicus, MEDLINE). Skip one line before the text of the abstract.

   B. Abstract text
      1) Content-related scheme:
         - introduction, aim of the study,
         - material, methods,
         - results, conclusion.
      2) Text layout
         The abstract should not exceed 500 words including the title and the names of the authors. Please, use Times New Roman, 12 pt font. We prefer files saved in Windows XP in RTF or Word DOC formats. The abstract should be written in vertical-page set-up. It should not contain tables, diagrams and any kinds of illustrations. The abstracts of the previous congress are available on Polish Portal of Osteoporosis: www.osteoporoza.org.

3. Polish version of the abstract
   Scientific Committee will translate your abstract into Polish.

4. Abstract classification
   Abstracts will be classified based on the evaluation of 2 anonymous reviewers. The Scientific Committee will not accept abstracts sent only in printed version. The authors will be informed about classification results no later than 31.07.09. The Scientific Committee takes no responsibility for the mistakes of the authors in the summaries.
SOCIAL PROGRAMME

Opening Ceremony
The solemn Opening Ceremony will take place on 24.09.09 (Thursday) at. 18.30 in Nowohuckie Centrum Kultury (NCK). After the official ceremony we invite all the participants to the Welcome Reception.

Lunch
As there is no restaurant in the vicinity of the congress venue the organizers will arrange lunch for participants on 25.09.09 (Friday) and 26.09.09 (Saturday). The participants cover their own lunch. The cost of one lunch is 12 EURO. Lunch vouchers will be attached to the participant materials. It will be possible to purchase the vouchers on-site in the Congress Secretariat, however their number is limited.

Banquet
After the scientific sessions on Friday (25.09.09) all participants are invited to a banquet organized in Best Western Premier, ul. Opolska 12, 31-323 Kraków (http://www.krakowpremier.pl). Banquet entry – 80 EURO per person. Number of banquet invitations is limited, therefore it is necessary to make reservation.

HOTELS

The accommodation listed below is organized by the Polish Travel Agency ORBIS Co. Ltd. (booking forms are enclosed or available on www.osteoporoza.org).

Polish Travel Agency ORBIS Co. Ltd. – Congress Department
ul. Kremarkowa 5, 31-130 Krakow, Poland
Tel. (+48) 12 422 3044, 12 422 1707
Fax. (+48) 12 422 2885,
www.orbis.krakow.pl
e-mail: congress@orbis.krakow.pl
Reference number: R0001/10/07

List of congress hotels

HOTEL ALEXANDER***
ul. Garbarska 18, 31-131 Krakow
tel. +4812 4229660 fax. +4812 4229761
www.alexhotel.pl
Hotel situated in the vicinity of the Old Town. Approx. 500 meters from the Main Square. To the congress venue by car takes approx. 25min.

HOTEL ALEXANDER II ***
ul. Zamachowska 14, 31-025 Krakow
tel. +4812 3515050 fax. +4812 3515051
www.alexhotel.pl
Hotel situated in the vicinity of the Old Town. 5-minute walk from the main train and coach stations. To the congress venue by car takes approx. 20min.

HOTEL ASCOT ***
ul. Radziwillowska 3, 31-026 Krakow
tel. +4812 3840606 fax. +4812 3840607
www.hotelascot.pl
Hotel situated in the vicinity of the Old Town. 5-minute walk from the main train and coach stations. To the congress venue by car takes approx. 20min.

HOTEL POD RÓŻĄ **** (REZERVED)
ul. Florianska 14, 31-021 Krakow
tel. +4812 4243300 fax. +4812 4243351
www.hotel.com.pl
The hotel is situated in the vicinity of the Old Town. 10-minute walking distance from the main train and coach stations. Journey to the congress venue takes approx. 25 min by car.

HOTEL POLSKI ***
ul. Piarska 17, 31-015 Krakow
tel. +4812 4221144 fax. +4812 4221426
www.podorlem.com.pl
Hotel situated in the vicinity of the Old Town. 10-minute walking distance from the main train and coach stations. To the congress venue by car takes approx. 25min.

HOTEL PTTK WYSPIANSKI***
ul. Westerplatte 15, 31-033 Krakow
tel. +4812 4229566 fax. +4812 4225719
www.hotel-wyspianski.pl
Hotel is located within a walking distance to the Old Town and to the main train and coach stations (approx. 7 minutes). Journey to the congress venue...
COMMERCIAL EXHIBITION

During the congress all participants are welcome to visit Commercial Exhibition which will be located in congress venue NCK, al. Jana Pawła II 232. The exhibition will be placed in the premises next to the lecture room. We expect participation of 35 exhibitors. Information about pharmaceutical companies and producers of medical equipment taking part in the exhibition will be included in the Exhibitors Catalogue received together with congress materials.